

SOME SPIRITUAL WRITING PROMPTS

"Your vision will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes." Carl Jung

1. In what ways does the Universe speak to me?
2. Write about a time you experienced the Universe's unconditional love.
3. Do I feel like the higher power in my life judges me or loves me without condition? How does this higher power feel about me?
4. Do I believe I'm a spiritual being in a human body? How is that possible?
5. What blessings am I experiencing in my life right now?
6. What signs and synchronicities have appeared in my life that have guided my path?
7. What is a time in my life when my prayers weren't answered (or it seemed as though they weren't answered), and this actually worked out positively for me?
8. What are some examples of past experiences when the Universe gave me exactly what I needed at exactly the right time?
9. In what ways is my spiritual journey a solo journey, and in what ways does it connect me more with others?
10. Write about a term of endearment that someone you love has called you. What does it mean to you? Do you think that God knows us by that kind of name?
11. What about my spiritual self am I still learning and discovering?
12. What evidence do I see in my life of the Universe always looking out for me? What are some visible and non-visible signs of the Universe's love?
13. How does God (the Universe/Source Energy/the Divine) show up in my daily life?
14. Why am I always worthy of the Universe's infinite love?

OR...

Write about any topic that connects you to your true self or to God or a greater power/good.

INSTRUCTIONS for COLLAGE CREATION

“Collage is a playground for the imagination, a space where anything is possible.”

Take a decorated envelope. Inside you will find three words that you may use to inspire your collage. You can select a different envelope, or trade words with your neighbor, if you like, or use your own.

Choose your paper.

Choose magazines or pre-cut images.

Scissors and glue sticks are available on the tables.

OR...

Find your own inspiration and create anything that brings you joy!